Order of Procedure for Composite Fillings

Set up room for procedure

Place bib on patient

Verify area of the mouth to be worked on and procedure to be done

Review medical history

Get written consent form signed

Take BP and write down for DDS to see

Apply topical to area to be worked on

Pull up x-ray on computer screen

Let dentist know you are ready

Doctor anesthetizes patient, assistant gives slow suction and rinses patient in between injections.

Once injections are complete, patient sits for a few minutes while they get numb

Bite block placed on opposite side being treated

Cotton roll placed on labial or buccal mucosa adjacent to tooth being treated

Let the drilling begin!

Assistant places HVE adjacent to tooth, blows air on mirror, rinses and dries tooth as needed.

Hand matrix band to DDS if doing at least a 2 surface filling

Hand wedge to DDS if doing a two surface interproximal filling

Dry tooth

Hand bonding agent to DDS

Lightly air dry for 3 to 4 seconds

Light cure

Hand composite to DDS

Take composite and hand condenser to DDS

Hold gauze for DDS to wipe extra composite material on

Light cure composite

Take wedge and matrix band from DDS

Get HVE while DDS drills some more to smooth composite material.

Hand DDS bite paper or you place bite paper in patients’ mouth.

Tell patient to tap, tap, tap and move teeth from side to side.

More drilling commences

This is continued until blue marks from paper are light on the tooth (DDS will let you know) Give patient a final good rinse